



# St John's Cathedral 聖公會聖約翰座堂

Anglican Diocese of Hong Kong Island  
Hong Kong Sheng Kung Hui

*'St John's Cathedral is a place of God's grace, welcoming all,  
following Christ and changing lives in the heart of Hong Kong.'*

## THE SUNDAY NEXT BEFORE LENT 2ND MARCH 2025

### **8.00am Said Eucharist**

Celebrant and Preacher: The Revd Sharon Langbis  
Reader: Will Clay

### **9.00am Sung Eucharist** (<https://youtube.com/live/l6qRP-2PWJI>)

Celebrant: The Dean  
Preacher and Deacon: The Revd Sharon Langbis  
Communion Setting: The Salisbury Setting (Ian Hubbard & Neil Cocking)  
Hymns: 487, 499, 238, 78  
Anthem: O nata lux (morten Lauridsen)  
Voluntary: *III. 'Wie schön leuchtet der Morgenstern' from  
Sonata No. 6 in E minor (Gustav Merkel)*  
Readers: Gordon Jones, Eunice Tuma-ac  
Intercessor: Frank Lang

### **10.30am Sung Eucharist (Mandarin)**

Celebrant: The Revd Amos Poon  
Preacher: The Revd Polly Wong

### **11.45am Responsorial Eucharist—Provincial (Rite II)**

Celebrant and Preacher: The Revd Sharon Langbis  
Reader: Kevin She  
Intercessor: Daniel Kong

### **1.30pm Sung Eucharist (Pilipino)**

Celebrant: The Revd Canon Dwight dela Torre  
Preacher: The Rt Revd Nestor Poltic

### **5.00pm Choral Evensong**

Officiant and Preacher: The Revd Robert Martin  
Reader: Michael Gibb

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## THIS WEEK AT ST JOHN'S CATHEDRAL

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<b>MON 3rd March</b>	8.00am	Said Eucharist
	12.25pm	Meditation Group
	1.00pm	One o'clock Prayer
<b>TUE 4th</b>	8.00am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	7.00pm	Bible Reading Fellowship (in person)
<b>WED 5th</b> <b>Ash Wednesday</b> <i>All services will include the Imposition of Ashes</i>	8.00am	Said Eucharist
	12.00noon	Said Eucharist (Cantonese)
	7.30pm	Sung Eucharist ( <a href="https://youtube.com/live/x65ZUM8yvua">https://youtube.com/live/x65ZUM8yvua</a> ) Celebrant: Revd Will Newman Preacher: The Dean
<b>THU 6th</b>	8.30am	Said Eucharist
	1.00pm	One o'clock Prayer
	1.15pm	Said Eucharist
	2.30pm	Parents and Toddlers
	8.30pm	Prayers for Peace (ZOOM)
<b>FRI 7th</b> <i>Perpetua, Felicity and Their Companions, Martyrs at Carthage 203</i>	8.00am	Said Eucharist
		<b>STATIONS OF THE CROSS</b> <b>12.15pm on Fridays in Lent</b>
	3.00pm	Friday Fellowship Group (in person/ZOOM)
	8.00pm	'Among Us' (Youth Ministry)
<b>SAT 8th</b>	8.30am	Said Eucharist
	12.00noon	Said Eucharist (Filipino)
	4.00pm	Andrew Fellowship
	6.00pm	Sung Eucharist (Cantonese) (Anticipated Sunday Service)
<b>SUN 9th March</b> <i>Deut 26.16-end</i> <i>Psalms 91.1-2, 9-end</i> <i>Romans 10.8b-13</i> <i>Luke 4.1-13</i>		<b>The First Sunday of Lent</b>
	8.00am	Said Eucharist Celebrant and Preacher: The Revd Canon Dwight dela Torre
	9.00am	Responsorial Eucharist (CW) Celebrant: The Revd Canon Dwight dela Torre Preacher: The Revd Prof Philip Wickeri
	10.30am	Sung Eucharist (Mandarin) Celebrant and Preacher: The Dean
	11.45am	Choral Mattins Celebrant and Preacher: The Revd Amos Poon
	1.30pm	Sung Eucharist (Pilipino) Celebrant: The Revd Sharon Langbis Preacher: The Revd Canon Dwight dela Torre
	5.00pm	Healing Eucharist Celebrant: The Revd Amos Poon Preacher: The Revd Drew Courtright



*Welcome to all who worship here today. Visiting communicants, of whatever Christian tradition, are invited to receive communion here. **No unauthorized photography, video filming or sound recording during the service. Please set your mobile phone to silent and refrain from using it during the service.***

**COLLECT**

Almighty Father, whose Son was revealed in majesty before he suffered death upon the cross: give us grace to perceive his glory, that we may be strengthened to suffer with him and be changed into his likeness, from glory to glory; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

**FIRST READING**

**Exodus 34.29-end**

A reading from the book of Exodus.

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterwards all the Israelites came near, and he gave them in commandment all that the Lord had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the Lord to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

This is the word of the Lord.

**All Thanks be to God.**

**SECOND READING**

**2 Corinthians 3.12-4.2**

A reading from the second letter of Paul to the Corinthians.

Since, then, we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the

people of Israel from gazing at the end of the glory that was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

**GOSPEL READING**

**Luke 9.28-36**

Hear the Gospel of our Lord Jesus Christ according to Luke.

**All Glory to you, O Lord.**

Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah'—not knowing what he said. While he was saying this, a cloud came

and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

This is the Gospel of the Lord.  
**All Praise to you, O Christ.**

### POST COMMUNION PRAYER

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen.**

~ ~

### FOR YOUR PRAYERS THIS WEEK

**In the worldwide Anglican Communion** we pray for The Anglican Church of Burundi.

**Hong Kong Sheng Kung Hui** (Anglican Province of Hong Kong & Macau); for the Most Revd Andrew Chan, our Archbishop and primate; for our Diocesan Bishop, the Rt Revd Dr Matthias Der, and for all bishops, priests and deacons within our diocese and province.

**We also pray for the Church of The Incarnation**, for the Revd Samuel Tang, the Mission Church Council Members and the congregation; for their evangelical ministry, Sunday School and Choir; for the collaboration of Church and School, especially for the SKH Wei Lun Primary School; for **Discovery Bay Church**, the Revd Drew Courtright and the ministries of the church.

**Within the Cathedral Parish** we pray for the Cathedral Church and its various congregations, for the Dean and the chaplains; for our daughter churches; St Stephen's Chapel, Stanley, Discovery Bay Church and Emmanuel

Church, Pokfulam; and their Priests in Charge. We also remember in our prayers our Council members, Cathedral Staff, Cathedral Servers, Cathedral Sidesmen, Poverty Alleviation Group, our Prison Ministry, Music Ministry, and Lunchtime Recitals.

**We pray for our link diocese of Toungoo in Myanmar**, where the diocese is providing food, shelter, medicine, and basic education for several thousand villagers displaced by the civil war. We give thanks for the funds donated in our Advent Appeal for Toungoo, and we pray for Bishop Saw Sheesho and all the people of the diocese as they serve those in great need.

### PRAYER REQUESTS

*Please pray for those who are sick:*

Ma Sau Yuen, Cheung Chik Wan, Teresa Ray Li, Sabrina Ho, Pope Francis, Chew Tung Yim Fong, Joseph Chu, Keith So, Lee Kit Ching Joseph, Fung Wan Nui, Caitlin Berry, Alan Irvine, Hung Yeung Pong Wah, Irena Wu, Toung Ming, Eva Sorrel, Rozana Leung-Bishop, SoSo Mei Ping Wong-Leung, Arturo Lamshing, Hsu Hon Chung, Jane Pang Tong, Sister Jean Mary, Robin Rowley, Sanson Lau, Therese Marie Gerarda Chan, Wanda Wan H, Annabella Janssen, Raymond Yuen, Chuan Xiaokang, Lucita Villareal, Wanda Clay, Daisy Tai and Sarah Wong.

*Please pray for the recently departed:*

Leung Wai Chiu and Wong Dor Chun

Please remember those named above in your private prayers. To include someone in this prayer list, please contact Elisa, Tel: 2523 4157.

**PRAYERS FOR PEACE**

For almost 3 years a small group of parishioners has been meeting every Thursday evening on Zoom to pray for peace in Ukraine, in the Middle East, in Myanmar and Sudan, and peace in ourselves. We give thanks for the cease fire in Gaza, and pray for all people of goodwill to create a lasting peace. You can join us at 8.30pm any Thursday.



**ASH WEDNESDAY**

5<sup>th</sup> March 2025

- 8.00am Said Eucharist (English)
- 12noon Said Eucharist (Cantonese)
- 7.30pm Sung Eucharist (English)

*All services will include the Imposition of Ashes*

<https://youtube.com/live/x65ZUM8yvua>

**LENT RETREAT  
for St John's Cathedral and  
daughter churches**

Join us for an Overnight Retreat  
Friday 6.00pm-Saturday 4.00pm  
**14<sup>th</sup> and 15<sup>th</sup> March**

in the beautiful setting of  
Tao Fong Shan, near Shatin

Led by Fr Robert, Drew and Will

Cost HKD600

For registration:

Deadline: 7<sup>th</sup> March



Google Form link:

<https://forms.gle/J7e6RjVNPEF1uKPa6>

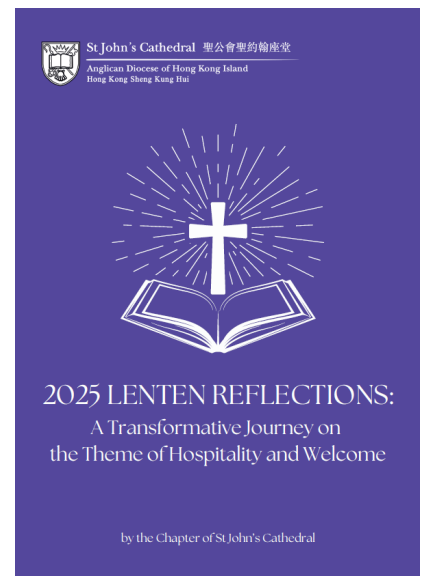
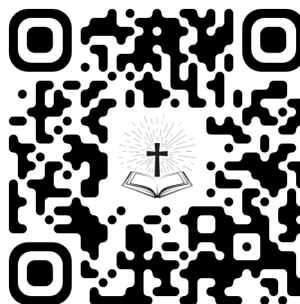
**GET READY FOR A TRANSFORMATIVE LENTEN JOURNEY!**

This year, the Chapter has set the theme of “Hospitality and Welcome” for St John's. Over this Lenten period, we invite you to explore how God's love and inclusivity are demonstrated through the Bible with reflections written by our chaplains. From the Beatitudes to the Feeding of the 5000, each day's passage is carefully selected to inspire you to embody God's hospitality in your daily life.

Just as God welcomes us, as you journey through Lent, consider how you can welcome others into your life and community. Reflect on how you can demonstrate God's love to those around you, and how you can create a sense of belonging and peace in your daily interactions.

Our mission is to be a place where everyone is welcome to rest and find peace. Let this Lenten reflection booklet guide you in living out this mission in your own life. You may pick up a copy from the Cathedral office, or scan the QR code below for an e-version.

Please join us on this transformative journey of Hospitality and Welcome!



## NOTICES

### **JOIN OUR *Michaelmas Fair 2025* JOY IN WALKATHON**

The big day is today! Registration starts at 10.00am and we start walking at 11.00am (12.00noon for Mandarin service congregation members).

Sponsorship forms are still available, and it's not too late to pick one up. Join in the fun by walking up the Peak or just to the Botanical Gardens.

*All proceeds will go towards the Cathedral Ministries.*

*For online donations, please kindly specify  
'For Michaelmas Fair 2025 Walkathon'.*



### **DISCIPLESHIP COMMITMENT CARD**

We will distribute and collect the Discipleship Commitment Cards during our services today. Let us live out our Christian life and dedicate all we can to God and His Church.

### **NO REFRESHMENTS in the Li Hall today**

Please note that no refreshments will be served in the Li Hall today as Welcomers will be busy with our annual Walkathon. You are welcome to join us for lunch at the Harold Smyth Room from 12.30pm.

## **Faith Begins:**

### **The Christian Faith explored, discussed and enjoyed!**

on Wednesday evenings starting at 7.00pm followed by a talk and discussion.

'Faith Begins' is a course for adults who have been regularly attending services in St John's Cathedral or the daughter churches for at least 6 months, and who want to belong to the Anglican Church and become part of the regular worshipping community. 'Faith Begins' includes talks and discussion about many different aspects of Christian belief and living as a Christian. It leads to baptism and confirmation at St John's Cathedral, when you commit yourself to following Jesus Christ.

The next 'Faith Begins' will start on 19<sup>th</sup> March 2025, continues every Wednesday up to 4<sup>th</sup> June. The Baptism and Confirmation Service will be held in the cathedral on 8<sup>th</sup> June at 5.00pm.

**To enrol** - Just email Fr Amos [amospoon@stjohnscathedral.org.hk](mailto:amospoon@stjohnscathedral.org.hk)

**Registration deadline: 8<sup>th</sup> March 2025**

Course Fee: HKD1000

ONLINE DONATION



<https://www.stjohnscathedral.org.hk/Donation/default.aspx?lang=1>

## NOTICE

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### Hong Kong Sheng Kung Hui Diocese of Hong Kong Island **Gospel Rally 2025**

- Date: 17<sup>th</sup> May 2025 (Saturday)  
Time: 3.00 – 5.00 pm (Admission begins 30 mins before the event)  
Venue: S.K.H. Tang Shiu Kin Secondary School  
(9 Oi Kwan Road, Wan Chai, Hong Kong)
- Theme: Go Where?**  
**“I came that they may have life and have it abundantly.”  
(John 10.10b)**
- Content: Hymn sharing, sand-painting testimonies, preaching  
Speaker: The Most Revd Datuk NG Moon Hing  
(The 4th Bishop of the Anglican Diocese of West Malaysia)  
Audience: S.K.H. parishioners are invited to bring non-Christian relatives and friends to attend.  
Language: Cantonese (\*Simultaneous interpretation available in English and Putonghua respectively)  
Fee: Free of charge (Tickets are required for admission. Details to be announced later.)

QR code for promotional video clip:



### **Cycle of Prayer**

Let us pray for HKSKH Diocese of Hong Kong Island Gospel Rally 2025

- Sunday:* Pray for the Most Revd Datuk NG Moon Hing, the speaker of the Gospel Rally.
- Monday:* Pray for relatives and friends struggling in life, suffering from physical, mental and spiritual distress.
- Tuesday:* Pray for the willingness of parishioners in the diocese to share their testimonies with non-Christian relatives and friends.
- Wednesday:* Pray for the zeal of parishioners in leading people to the Gospel Rally.
- Thursday:* Pray for the current or planned missionary work of each church in the diocese, and for the cooperation between each church and school(s) or social service unit(s).
- Friday:* Pray for the clergy and those who will lead the Gospel Rally; pray for the brothers and sisters in Christ who will participate in various creative works.
- Saturday:* Pray for the organizing committee members, working group members and volunteers in the Gospel Rally.

# ST JOHN'S CATHEDRAL MINISTRY TEAM

## Dean

The Very Revd Kwok-keung Chan

## Clergy Ministry Co-ordinators:

Chinese Ministry -  
The Revd Canon Peter Koon  
The Revd Amos Poon

Christian Education - The Revd Will Newman  
(*Priest-In-Charge of St Stephen's Chapel, Stanley*)

Filipino Ministry -  
The Revd Canon Dwight dela Torre  
The Revd Sharon Langbis

Liturgy and Spirituality - The Revd Robert Martin CMP  
(*Priest-In-Charge of Emmanuel Church, Pokfulam*)

Mission and Ministry - The Revd Amos Poon

Youth Ministry - The Revd Amos Poon

The Revd Drew Courtright  
(*Priest-In-Charge of Discovery Bay Church*)

## Honorary Chaplains:

The Revd Professor Philip Wickeri  
The Revd Polly Wong Heung-fong

## Executive Administrator:

Mr Thomas Li

## Serving the wider community:

SJC Counselling Service  
Mission for Migrant Workers  
SJC Life Enrichment Centre  
Cathedral Bookstore  
CLARES/Castaways  
Prison Ministry



## Safeguarding Co-ordinator:

Mr Jason Wong

*Information about St John's Cathedral and its ministries can be found on the notice boards and on the website: [www.stjohnscathedral.org.hk](http://www.stjohnscathedral.org.hk).*

*Clergy are here to listen and help. Please feel free to speak to one of them after the services, or make contact during the week: St John's Cathedral, Tel: 2523 4157*

## Welcome to St John's Cathedral!

Please complete this form and hand it to one of the Clergy, a Sidesman or the Welcome Table.

Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

Name of spouse (if applicable) \_\_\_\_\_

Names and ages of children (if applicable) \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

*Please circle as appropriate:*

*I attend the 8.00am/9.00am/10.30am/11.45am/1.30pm/5.00pm service.*

*I am interested in finding out about: Sunday School / Cathedral Choir / CLARES / Baptism & Confirmation / Flower Guild / Sidesman / Servers Guild / Fellowship Group / Stewardship Scheme / Uniformed Group.*

*Other questions / information:* \_\_\_\_\_

I do not agree to receive any promotional materials from St John's Cathedral.

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